

County Health Specialist

2-6-75
The difficult task of making sure that restaurant patrons eat off clean plates has fallen to Steve Jenkins. Since January, Mr. Jenkins has been the new Environmental Health Specialist for Wasatch and Summit Counties and, among other things, he is in charge of inspecting eating facilities in this area.

Mr. Jenkins' responsibility is making sure that certain public services meet the health regulations of the state. This includes waste water disposal, water supply, solid waste disposal, restaurants, bars, school lunches, hotels, motels, trailer courts, swimming pools, and septic tanks. All of these various facilities must meet certain health requirements, and Mr. Jenkins is the one who must see that they do it.

Mr. Jenkins spends Mondays and Wednesdays in Wasatch County, and Tuesdays, Thursdays and Fridays in Summit County. Although Mr. Jenkins will try and follow this schedule, the nature of the job requires that he be in certain places in certain times, so he may often not be able to adhere to it. For example, if he has a septic tank in Summit County that must be inspected on Monday, he will not be able to be in Wasatch County.

Restaurants occupy much of Mr. Jenkins' time. He has over 20 to inspect in Wasatch County, and more than 40 alone in Park City. There are 118 state health specifications that apply to restaurants, according to Mr. Jenkins, but many of them do not apply in certain situations, be-

cause of the difference in construction of most restaurants. Each restaurant or cafe is different and must be inspected as such. Mr. Jenkins said that the most important things to look for when inspecting restaurants are good refrigeration, protecting food from contamination, good personal hygiene, clean handling of the food, sanitizing the kitchenware, good ventilation, and waste disposal. Mr. Jenkins said that his first month of work has made him believe that the eating facilities in the two-county area are generally in good shape.

Mr. Jenkins' job is a complex one, requiring the knowledge of a great many various state and local codes. The codes are the regulations which dictate the kinds of standards each facil-

ity must meet. Mr. Jenkins receives his basic guidance on what items to inspect first, and what priorities are most important, from the Wasatch County Board of Health. In Summit County the County Commissioners outlined his program. Mr. Jenkins feels his most important goal at this time is to coordinate his movements so he can maximize the amount of work he can do while in one given area. The size of his district requires this type of logistical organization.

Mr. Jenkins comes to Wasatch County from the Summit, Morgan Health District. Before that he worked in New Mexico in the Sanitary Bacteriology Department. Mr. Jenkins has a B.A. in bacteriology from Weber State College.

Immunization Clinic Friday

Immunization continues along with great enthusiasm, at least on the part of those administering the shots at the County All-Purpose Room this Friday, February 21st from 11:00 to 12:30 p.m.

Many types of shots are available ranging from diphtheria to shots for the dreaded Rocky Mountain Spotted Fever.

March 6, 1975

Immunization Clinic Friday

Another immunization clinic will be held this Friday, March 6th at the Courthouse. Those needing Tick (Rocky Mountain spotted Fever) boosters or series are reminded to come in early this season so that their level of immunity will be up as high as need be by the time the ticks are out. Remember the tick season is in the Spring, not summer. So be ready if a virus infected tick burrows under your skin.

All ticks however are not infected with the disease causing virus. If they are, then every cell in their body will contain the virus. Therefore, a tick does not necessarily need to bite you in order to infect you. Rushing by rubbing or by squeezing the tick in an attempt to remove it can release the virus from the tick's body.

Ticks can be removed in several ways: suffocating them by covering them with a thick substance such as vaseline, or othpaste or (peanut butter, yone?) will cause them to back t. Some people have used alcohol or turpentine. Tickling the back part is reported to work. Inserting a hot needle through the body has also been done. (I wonder if this would release some of the virus?). Occasionally a physician has to remove it by cutting it out.

If I have not had any personal experiences with ticks so I cannot say which of the above is the best method. If you really want to "play it safe" you can be immunized against a disease which can be fatal, but at the least, makes you very

Maren Durtschi, PHN



LITTLE NANCY SABEY of Charleston manages to smile for the camera shortly after public health nurse Maren Durtschi gave her a shot in the arm at Friday's Immunization Clinic.

Immunization Clinic Held Again Friday

The Wasatch County Health Department held another in its series of immunization clinics last Friday in the County Courthouse Multi-purpose Room. As always, adults, pre-school and kindergarten children were taken from 11 a.m. to 12:30 p.m., and school children from 12:30 to 2:00 p.m.

Maren Durtschi, public health

nurse, and Ann Wall, a registered nurse, administered the various shots, drops and sugar cubes to a long line of squirming babies, apprehensive school children and adults who knew it didn't really hurt, anyway.

Mrs. Durtschi said only one immunization per visit is given, so people planning to complete the immunization schedule should start their visits as soon as possible.

The clinic offers immunizations for polio, tetanus, typhoid, DT, DPT and tick.

Vaccine request forms are available in the Board of Health Office in the County Courthouse, 654-2102.

Persons with colds, allergies, fever, sore throat or cough should not take immunizations without first consulting a physician.

The next scheduled clinic is March 21st.

Free Blood Pressure Check

Blood pressure is the pressure on the walls of the arteries. One pressure reading is while the heart is contracted the other while the heart is relaxed. Both are important determinations.

A FREE clinic sponsored by the Wasatch County Board of Health and the Utah Heart Association, will be held at the Courthouse, March 27th from 12:00 to 7:00 p.m. High blood pressure, called hypertension, frequently gives the person no symptoms. It does, however, put a strain on your heart and arteries. If this continues for a long period of time these overtaxed organs can be per-

manently affected and you will then have symptoms from this.

Come have your blood pressure checked free and find out if it is normal or high. If it is high we will recommend that you see your physician for further examination to determine the cause and treatment, if necessary, in order to prevent damage and complications such as stroke.

Marsha Carlson is the local Utah Heart Association Chairman and is working to help get this clinic for you.

Keep March 27th open for your FREE blood pressure check!!!

Blood Pressure Clinic Today

You can have your blood pressure checked FREE today, Thursday, March 27th at the Courthouse from 12 noon to 7 p.m. Don't wait for symptoms to appear.

Your pressure may be up even though you have no headache or any other sign of it. "An ounce of prevention is worth a pound of cures." Come in and see the nurses. . .

This is sponsored by the County Health Department and Utah Heart Association.

Blood Pressure Clinic A Success

by Maren Durtschi PHN

Last Thursday 401 people had their blood pressure checked at a clinic sponsored by the Board of Health and the Utah Heart Association. The nurses referred 107 people to a physician for further checkup.

Some had been under care previously, but had not returned for a periodic checkup and now again had an elevated pressure. Some were under a doctor's care and just wanted an extra checkup. One person purposely did not take her medication that morning to see how high her pressure would go without it. When I told her what it was, she was happy that there were such things as "blood pressure pills."

A weak spot in a blood vessel in the brain may burst if the pressure in the blood vessel is too high. This "high" point varies with individuals. Blood entering the surrounding tissues will cause pressure on the delicate brain cells destroying them. This is a "stroke". Older persons blood vessels frequently become brittle and rupture easily; therefore, it is better to reduce the pressure within them before this happens.

It was recommended to several people attending the clinic that they see their physician immediately. They did and were put on medication. Sometimes blood pressure will vary and some of you may be told by your doctor that your pressure is much lower. We feel though that if we have prevented even one person from having a stroke that all the time, effort and ears hurting from the prolonged pressure of the stethoscopes was worth it. Thank you for coming.

MINUTES OF THE WASATCH COUNTY HEALTH BOARD

March 17, 1975

12:15 P.M.

Flying Vee Cafe

Present were: Acting Chairman, Commissioner Harold H. Smith, Building Inspector, Clyde Broadbent; Sanitarian, Steve Jenkins; Public Health Nurse, Maren Durtschi; Health Director, Dr. R. Raymond Green; Members, Gilbert Olsen, NaDene Probst and Dr. John Prince.

Minutes: Minutes of meeting held February 17, 1975, were previously mailed to board members. Chairman Smith asked for a motion approving or correcting minutes. Dr. Green made a motion minutes be accepted and approved as distributed. Mrs. Durtschi seconded motion. Motion carried.

Blood Pressure Clinic: Mrs. Durtschi reported the blood pressure clinic has been set up for Thursday, March 27th from 12 til 7 P.M. Advertising will be done through posters in local business establishments, junior and senior high school and flyers will be sent home with grade school children. Also articles will be printed in the local paper. All other arrangements have been made.

School Health: Immunization Clinics Mrs. Durtschi stated the last two immunization clinics have been successful as 177 immunizations were given February 21st and 277 immunizations were given March 7th.

Flu Shots: Dr. Green reported he and Supt. Merkley had investigated the possibility of giving flu shots to school personnel. It was evident that if we furnish this service to one group we must also make it available to other groups in the county. Dr. Green and Supt. Merkley felt this decision should be made by the board of health.

Sanitation: Mr. Olsen stated he had talked with Cleve Waite and he would like to furnish our county with the services of a roto-rooter. Mr. Jenkins will check with Mr. Waite in this matter.

Administrative Procedures: Mr. Jenkins reported he had been delayed in re-writing administrative procedures. He is re-writing some codes and conditions and will send to the SHD for evaluation. After evaluation he will submit them to this board and then to county commission for approval and acceptance. He will try to have them ready for our board's approval by next month's meeting. Chairman Smith expressed his appreciation to Mr. Jenkins as to the quality of service we are receiving in our sanitation field.

Septic Tank Tests: Mr. Broadbent asked Mr. Jenkins about septic tank tests. Nearly anyplace in the county will pass percolation tests in winter but by summer the test is different. Mr. Jenkins suggested we call in a geologist and go with soil conservation studies.

3-17-75

MINUTES OF THE WATSON COUNTY HEALTH BOARD

Flying Vee Cafe

12:15 P.M.

March 17, 1975

Acting Chairman, Commissioner Harold H. Smith, Building Inspector, Clyde Broadbent; Sanitarian, Steve Jenkins; Public Health Nurse, Mervyn Burtsch; Health Director, Dr. R. Raymond Green; Members, Gilbert Olsen, Wayne Frost and Dr. John Jones.

Present were:

Minutes of meeting held February 17, 1975, were previously mailed to board members. Chairman Smith asked for a motion approving or correcting minutes. Dr. Green made a motion minutes be accepted and approved as distributed. Mrs. Burtsch seconded motion. Motion carried.

Minutes:

Mrs. Burtsch reported the blood pressure clinic has been set up for Thursday, March 27th from 12 till 2 P.M. Advertisings will be done through posters in local business establishments, Junior and senior high school and flyers will be sent home with grade school children. Also articles will be printed in the local paper. All other arrangements have been made.

Blood Pressure Clinic:

Mrs. Burtsch stated the last two immunization clinics have been successful as 177 immunizations were given February 21st and 27th immunizations were given March 7th.

School Health Immunization Clinics

Dr. Green reported he and Supr. Jenkins had investigated the possibility of giving flu shots to school personnel. It was evident that if we furnish this service to one group we must also make it available to other groups in the county. Dr. Green and Supr. Jenkins felt this decision should be made by the board of health.

Flu Shots:

Mr. Olsen stated he had talked with Steve Jenkins and he would like to furnish our county with the service of a water-rooster. Mr. Jenkins will check with Mr. Smith on this matter.

Sanitation:

Mr. Jenkins reported he had been delayed in re-writing administrative procedures. He is re-writing some codes and conditions and will send to the BHD for evaluation. After evaluation he will submit them to this board and then to county commission for approval and acceptance. He will try to have them ready for our board's approval by next month's meeting.

Administrative Procedures:

Chairman Smith expressed his appreciation to Mr. Jenkins as to the quality of services we are receiving in our sanitation field.

Mr. Broadbent asked Mr. Jenkins about septic tank tests. He said he had done the county with septic tank tests in winter but by summer the test is different. Mr. Jenkins suggested we call in a geologist and do water soil conservation studies.

Septic Tank Tests:

Disaster
Planning:

Chairman Smith stated he was disappointed in the recent disaster planning meeting. He felt the instructors were poorly prepared and the program was very fundamental. However, the participation from the public was very good. Dr. Green stated the health board has definite responsibilities in disaster planning. He feels our board should participate in Civil Defense meetings so we may be aware and can carry out our responsibilities. Mrs. Durtschi made a motion we as a board participate in civil defense meetings. Dr. Prince seconded motion. Motion carried.

The county civil defense director, Dale Berg, will be made aware of our willingness to serve in the capacity. Mrs. Durtschi mentioned the manager of the nursing home Mrs. Zenger, is also interested in the disaster planning program.

P.O.M.E.

Dr. Green stated our yearly board plans will soon be due. We will need to make changes and plans for next years program.

Each member will be furnished with a copy of plans for study, changes and suggestions. Next meeting these changes and suggestions will be discussed.

State
Immunization
Law:

Dr. Green reported, he, Mrs. Durtschi, and Supt. Merkley had met with Fletcher Coolidge of the state immunization program. Utah State Law now requires each school enterer to be immunized.

Appreciation:

Chairman Smith expressed his appreciation to the board for their willingness of serving the community in this capacity.

Next Meeting:

Next meeting is scheduled for Monday, April 21, 1975, 12:00 P.M. at the Flying Vee Cafe.

Meeting adjourned at 1:25 P.M.

Acting Chairman

Chairman Smith stated he was disappointed in the recent disaster planning meeting. He felt the instructors were poorly prepared and the program was very fundamental. However, the participation from the public was very good. Dr. Green stated the health board has definite responsibilities in disaster planning. He feels our board should participate in civil defense meetings so we may be aware and can carry out our responsibilities. Mrs. Turtzsch made a motion we as a board participate in civil defense meetings. Dr. Prince seconded motion. Motion carried. The county civil defense director, Dale Berg, will be made aware of our willingness to serve in the capacity. Mrs. Turtzsch mentioned the manager of the nursing home Mrs. Wenger, is also interested in the disaster planning program.

Disaster Planning:

Dr. Green stated our yearly board plans will soon be due. We will need to make changes and plans for next years program. Each member will be furnished with a copy of plans for study, changes and suggestions. Next meeting these changes and suggestions will be discussed.

P.O.M.E.

Dr. Green reported, he, Mrs. Turtzsch, and Suec, Markley had met with Fletcher Coofield of the state immunization system. Utah State law now requires each school enter to be immunized.

State Immunization Law:

Chairman Smith expressed his appreciation to the board for their willingness of serving the community in this capacity.

Appreciation:

Next meeting is scheduled for Monday, April 21, 1975, 12:00 P.M. at the Hyatt Voe Cafe.

Next Meeting:

Meeting adjourned at 1:25 P.M.

Acting Chairman

Medicare

2455 Parley's Way
P.O. Box 270
Salt Lake City, Utah 84110
(801) 487-6441

Blue Cross®
Blue Shield®
of Utah



March 18, 1975

Dear Administrator:

Please find the enclosed copy of the revised Blue Cross Association Medicare Provider Appeal Hearing Procedures. These procedures supersede the previously distributed instructions.

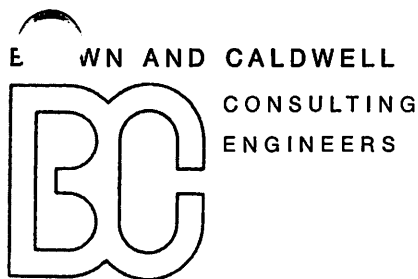
In the event you have a question or disagreement with any audit adjustment on your annual Medicare cost report, please feel free to contact me.

Very truly yours,

A handwritten signature in blue ink, appearing to read "Roy Dunn".

F. Roy Dunn, CPA, Manager
Provider Audit Department

sc
Enclosure



WALNUT CREEK
P. J. JENA
EUGENE

D. H. CALDWELL, PE President
J. T. NORGAARD, PE Vice President
J. C. LUTHIN, PE Vice President
L. B. DUNLAP, PE Vice President
T. V. LUTGE, PE Vice President
D. P. NORRIS, PE Vice President
J. L. STURGEON Sec-Treas
R. C. ABERLEY, PE
G. H. ANDERSON, PE
D. L. EISENHAUER, PE
L. N. HOAG, PE
D. A. REINSCH, PE
W. R. UHTE, PE

For Immediate Release
March 27, 1975

UNIQUE FACILITY COMBINES SOLID WASTE RESOURCE RECOVERY AND WASTEWATER TREATMENT

Brown and Caldwell has embarked on a major research project to combine solid waste resource recovery and wastewater treatment in a single, energy self-sufficient reclamation plant. The enclosed Project Highlight describes our progress to date.

If you would like to be kept posted, please let me know. We will be happy to send updated progress reports as this project develops.

Very truly yours,

John M. Randall
Communications Manager